

SCRIPTURE READINGS

It is possible to say one thing and yet to do another concerning some aspects of the Christian life, but it is not possible to do so concerning giving.

"Our conscience testifies that we have conducted ourselves in the world, and especially in our relations with you, in the holiness and sincerity that are from God" (2 Cor. 1:12).

FIRST READING

Exodus 16:2-4,9-15

The whole congregation of the Israelites complained against Moses and Aaron in the wilderness. The Israelites said to them, "If only we had died by the hand of the Lord in the land of Egypt, when we sat by the fleshpots and ate our fill of bread; for you have brought us out into this wilderness to kill this whole assembly with hunger." Then the Lord said to Moses, "I am going to rain bread from heaven for you, and each day the people shall go out and gather enough for that day. In that way I will test them, whether they will follow my instruction or not. Then Moses said to Aaron, "Say to the whole congregation of the Israelites, 'Draw near to the Lord, for he has heard your complaining.'" And as Aaron spoke to the whole congregation of the Israelites, they looked toward the wilderness, and the glory of the Lord appeared in the cloud. The Lord spoke to Moses and said, "I have heard the complaining of the Israelites; say to them, 'At twilight you shall eat meat, and in the morning you shall have your fill of bread; then you shall know that I am the Lord your God.'" In the evening quails came up and covered the camp; and in the morning there was a layer of dew around the camp. When the layer of dew lifted, there on the surface of the wilderness was a fine flaky substance, as fine as frost on the ground. When the Israelites saw it, they said to one another, "What is it?" For they did not know what it was. Moses said to them, "It is the bread that the Lord has given you to eat."

The Word of the Lord

Thanks be to God

PSALM 78:23-29

So he commanded the clouds above *
and opened the doors of heaven.
He rained down manna upon them to eat *
and gave them grain from heaven.
So mortals ate the bread of angels; *
he provided for them food enough.
He caused the east wind to blow in the heavens *
and led out the south wind by his might.
He rained down flesh upon them like dust *
and winged birds like the sand of the sea.
He let it fall in the midst of their camp *
and round about their dwellings.
So they ate and were well filled, *
for he gave them what they craved.

SECOND READING

Ephesians 4:1-16

I therefore, the prisoner in the Lord, beg you to lead a life worthy of the calling to which you have been called, with all humility and gentleness, with patience, bearing with one another in love, making every effort to maintain the unity of the Spirit in the bond of peace. There is one body and one Spirit, just as you were called to the one

hope of your calling, one Lord, one faith, one baptism, one God and Father of all, who is above all and through all and in all. But each of us was given grace according to the measure of Christ's gift. Therefore it is said, "When he ascended on high he made captivity itself a captive; he gave gifts to his people." (When it says, "He ascended," what does it mean but that he had also descended into the lower parts of the earth? He who descended is the same one who ascended far above all the heavens, so that he might fill all things.) The gifts he gave were that some would be apostles, some prophets, some evangelists, some pastors and teachers, to equip the saints for the work of ministry, for building up the body of Christ, until all of us come to the unity of the faith and of the knowledge of the Son of God, to maturity, to the measure of the full stature of Christ. We must no longer be children, tossed to and fro and blown about by every wind of doctrine, by people's trickery, by their craftiness in deceitful scheming. But speaking the truth in love, we must grow up in every way into him who is the head, into Christ, from whom the whole body, joined and knit together by every ligament with which it is equipped, as each part is working properly, promotes the body's growth in building itself up in love.

The Word of the Lord

Thanks be to God

THE HOLY GOSPEL

John 6:24-35

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus. When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always." Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty."

**WE REMEMBER BEFORE GOD ALL PEOPLE
THROUGHOUT THE WORLD WHOSE LIVES HAVE BEEN
DISRUPTED BY VIOLENCE OR WAR.**

**WE PRAY FOR THOSE WHO WORK FOR PEACE
AND FOR NEW BEGINNINGS.**

✧ As we pray, let us remember the Wheat family; Michael & his family; Michael; Brody; Colissa; Samantha & Tommy; Shelley & Eric; the Jerome family; Debbie; Mike & Debbie; Krista; Dan; Martha; Karl; Rosella; Lori; Don; Shoney; HT; John; Robert; Lori; Keira.

Our altar flowers are given
In celebration of
Jim & Janet Bennett's birthdays.

ANNOUNCEMENTS

CHRIS BECKER / SOUP KITCHEN THIS AFTERNOON! Please join us to serve the Lord as we serve food to His people. We meet about 4 PM — extra hand means Dan Basche can give out much needed items in addition to their evening meal. If you plan on helping, let Dan know.

FR. JACKSON WILL BE DOING A BACKPACK BLESSING FOR OUR CHILDREN AND YOUTH NEXT SUNDAY AT THE 10 AM SERVICE. Please have your child bring their school backpack to the service so they can start their school year with a Blessing! Please see Peggy Diaz, if you have any questions.

SUNDAY SCHOOL WILL BEGIN ON SEPTEMBER 2ND AT 9:45 AM. WE WILL COMBINE CLASSES FOR THIS SUNDAY ONLY AND MEET IN CHILTON HALL ROOM #4. Please see Peggy Diaz after the service in the Parish Hall to register your child for Sunday school!

ARE YOU FRUGAL AND LOOKING FOR A BARGAIN? ST. JOHN'S THRIFT SHOP IS JUST FOR YOU! Best of all — everything is 25% off through August 25th! We have great volunteers who will make you feel welcome and help you find what you want. Our summer hours for shopping and donation drop-off are Friday & Saturday, 8 AM — 12 Noon. Stop by and browse around. Remember — all Thrift Shop proceeds go to support our Church. *Please note that we will be closed Labor Day weekend (8/31 & 9/1).*

FAITH THROUGH THE ARTS UPDATE We will continue to have note cards (\$6.00 each or 2 for \$10) and the Women of Perryville art work available through August 26. If you are interested, please see a member of Faith Through the Arts.

STACY MILHOAN IS GOING TO HAITI . . . AGAIN!!! School begins soon and the teachers & students are in need of supplies. If you would like to help, there are post-it notes on the window in the Parish Hall next to the office door. Stacy leaves September 3, so the deadline for to bring in supplies is Sunday, September 2. Your donations are greatly appreciated!

JULY DAY BY DAY DEVOTIONALS HAVE EXPIRED. Please consider recycling your copy by bringing it to church. There is a receptacle for the used devotionals on the shelf in the parish hall. The expired devotionals are used in blessing bags and large print editions go to the women at Perryville. Thank you!

THIS WEEK'S CALENDAR

Today	Nursery care	9:30–11:15 AM
	Healing Litany / Holy Eucharist Rite I	8 AM
	Healing Litany / Holy Eucharist Rite II	10 AM
	Praise Band Practice	11:30 AM
	Chris Becker Dining Hall	4:10 PM
Tue.	Tuesday Night Bible Study	6 PM
	Joyful Noise practice	7 PM
Wed.	Holy Eucharist Rite II	6:30 PM
	Vestry meeting (CH 3)	7:15 PM
Fri.	Thrift Shop (CH7)	8 AM—12 Noon
Sat.	Thrift Shop (CH7)	8 AM—12 Noon
	Crafters Ministry (PH)	10 AM
Sun.	Nursery care	9:30–11:15 AM
	Holy Eucharist Rite I	8 AM
	Holy Eucharist Rite II	10 AM
	Backpack Blessing	
	Praise Band Practice	11:30 AM

FOOD PANTRY

canned tuna, canned chicken, Spam, pudding
snacks, cookies, toothpaste

BLESSING BAGS

Travel size or individually wrapped please
Granola bars, snack sized Goldfish, fruit snacks,
Oreo cookie snacks