

SCRIPTURE READINGS

It is possible to say one thing and yet to do another concerning some aspects of the Christian life, but it is not possible to do so concerning giving.

"Our conscience testifies that we have conducted ourselves in the world, and especially in our relations with you, in the holiness and sincerity that are from God" (2 Cor. 1:12).

FIRST READING

1 Kings 19:4-8

Elijah went a day's journey into the wilderness, and came and sat down under a solitary broom tree. He asked that he might die: "It is enough; now, O Lord, take away my life, for I am no better than my ancestors." Then he lay down under the broom tree and fell asleep. Suddenly an angel touched him and said to him, "Get up and eat." He looked, and there at his head was a cake baked on hot stones, and a jar of water. He ate and drank, and lay down again. The angel of the Lord came a second time, touched him, and said, "Get up and eat, otherwise the journey will be too much for you." He got up, and ate and drank; then he went in the strength of that food forty days and forty nights to Horeb the mount of God.

The Word of the Lord

Thanks be to God

PSALM 34:1-8

I will bless the Lord at all times; *

his praise shall ever be in my mouth.

I will glory in the Lord; *

let the humble hear and rejoice.

Proclaim with me the greatness of the Lord; *

let us exalt his Name together.

I sought the Lord, and he answered me *

and delivered me out of all my terror.

Look upon him and be radiant, *

and let not your faces be ashamed.

I called in my affliction and the Lord heard me *

and saved me from all my troubles.

The angel of the Lord encompasses

those who fear him, *

and he will deliver them.

Taste and see that the Lord is good; *

happy are they who trust in him!

SECOND READING

Ephesians 4:25-5:2

Putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. Be angry but do not sin; do not let the sun go down on your anger, and do not make room for the devil. Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. And do not grieve the Holy Spirit of God, with which you

were marked with a seal for the day of redemption. Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. Therefore be imitators of God, as beloved children, and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

The Word of the Lord

Thanks be to God

THE HOLY GOSPEL

John 6:35, 41-51

Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" Jesus answered them, "Do not complain among yourselves. No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. Not that anyone has seen the Father except the one who is from God; he has seen the Father. Very truly, I tell you, whoever believes has eternal life. I am the bread of life. Your ancestors ate the manna in the wilderness, and they died. This is the bread that comes down from heaven, so that one may eat of it and not die. I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

**WE REMEMBER BEFORE GOD ALL PEOPLE
THROUGHOUT THE WORLD WHOSE LIVES HAVE BEEN
DISRUPTED BY VIOLENCE OR WAR.**

**WE PRAY FOR THOSE WHO WORK FOR PEACE
AND FOR NEW BEGINNINGS.**

✘ As we pray, let us remember Kelsey; the Wheat family; Michael & his family; Michael; Mike & Debbie; Martha; Karl; Brody; Colissa; Samantha & Tommy; Shelley & Eric; Dan; Don; Shoney; HT; John; Robert; Lori; Keira.

Our altar flowers are given
In celebration of
George & Tacy Ingraham's wedding anniversary.

ANNOUNCEMENTS

SUNDAY SCHOOL WILL BEGIN ON SEPTEMBER 2ND AT 9:45 AM. WE WILL COMBINE CLASSES FOR THIS SUNDAY ONLY AND MEET IN CHILTON HALL ROOM #2. Please see Peggy Diaz after the service in the Parish Hall to register your child for Sunday school!

WITH YOUR HELP WE HAVE SIGNED AND SENT OVER 100 BIRTHDAY CARDS TO OUR LADIES AT PERRYVILLE FOR JULY AND AUGUST BIRTHDAYS. Mark your calendars for next Sunday to sign September birthday cards between services. Blessings and thanks, Pattie Prosory

JULY DAY BY DAY DEVOTIONALS — Please consider recycling your outdated copy by bringing it to church. There is a receptacle for the used devotionals on the shelf in the parish hall. The small size devotionals are used in Blessing Bags and large print editions go to the women at Perryville. Thank you!

ARE YOU FRUGAL AND LOOKING FOR A BARGAIN? ST. JOHN'S THRIFT SHOP IS JUST FOR YOU! Best of all — everything is 25% off through August 25th! We have great volunteers who will make you feel welcome and help you find what you want. Our hours for shopping and donation drop-off are Friday & Saturday, 8 AM — 12 Noon. Stop by and browse! Remember — all Thrift Shop proceeds go to support St. John's. *Please note that we will be closed Labor Day weekend (8/31 & 9/1).*

FAITH THROUGH THE ARTS UPDATE We will continue to have note cards (\$6.00 each or 2 for \$10) and the Women of Perryville art work available through August 26. If you are interested, please see a member of Faith Through the Arts.

THANK YOU TO EVERYONE WHO TOOK A POST IT NOTE IN SUPPORT OF STUDENTS IN HAITI. Stacy Milhoan leaves September 3 — the deadline for to bring in supplies is Sunday, September 2. Your participation is greatly appreciated!

THIS WEEK'S CALENDAR

Today	<i>Holy Eucharist Rite I</i>	8 AM
	Nursery care	9:30–11:15 AM
	<i>Holy Eucharist Rite II</i>	10 AM
	Praise Band Practice	11:30 AM
Tue.	Tuesday Night Bible Study	6 PM
	Joyful Noise practice	7 PM
Wed.	<i>Holy Eucharist Rite II</i>	6:30 PM
Fri.	Thrift Shop (CH7)	8 AM—12 PM
Sat.	Thrift Shop (CH7)	8 AM—12 Noon
	Men's Fellowship, Breakfast & Study	8 AM
	YOGA / Women Unlimited	1:15 PM
Sun.	<i>Holy Eucharist Rite I</i>	8 AM
	Nursery care	9:30–11:15 AM
	Card signing between services (PH)	9 AM
	<i>Holy Eucharist Rite II</i>	10 AM
	Praise Band Practice	11:30 AM

FOOD PANTRY

Spam, peanut butter, grape jelly,
pancake mix, syrup

BLESSING BAGS

Snack size or individually wrapped please
granola bars, Oreos
peanut butter crackers, cheese crackers